Del Darred!

GET BARRE CERTIFIED

# BARRED & BANNED FUSE METHOD

BECOME A
BARRE
INSTRUCTOR
WITH NAKED
TRUTH YOGA
INC.

Naked Truth Yoga Inc.® is the first and only Yoga College covering Safe Transfers© in the heat. Students will be certified to teach both in and out of a heated environment with all the tools to facilitate safe, fun and effective Barred & Band classes. The Naked Truth Yoga Inc.® Method will enable you to teach barre safely with special focus on alignment and functional movement, along with the learnings and understandings of ballet, yoga and fuse foundation in any yoga studio worldwide, allowing you to pursue your passion and make a professional career. We will dive into effective teaching

NAKED TRUTH YOGA INC.

2023 DATES

we are a fully registered course with yoga alliance- which is internationally recognized.

In our one-of-a-kind Barred & Banned Teacher Training, you will learn our methodology that is rooted in the highest level of barre, fuse education and skill set. Giving you an in-depth understanding of foundation of ballet, alignment and Fuse Methodology.

We believe that continuing education is a mandatory component of success, thus we encourage all graduates to return to future trainings, free of charge, to stay current in methods and practice.

## ALWAYS WITH PASSION

methods, designed to give you the tools

to provide an intense and conscious

class. This is not just a course, it is a

training where each student will be

supported, challenged, engaged and

respected.



#### **HOW IT WORKS**

Our Barred and Banned Virtual training will be delivered via Thinkific, an online platform which will include all training lessons, information, private group communication chat, ability to book time with our lead instructors, tools & templates and Zoom meetings. The Training will be presented in 3 modules. These modules will include reading materials and short videos. You will have one week to complete each module and at the end of each week we will host 3 hour Zoom meetings which include practise session. For our virtual training, we understand that everyone learns differently. We are using a multimedia approach to learning that includes written, audio, and video lectures, assignments, online quizzes, regular live zoom meetings with the lead trainers, and more.

### **Zoom Training Dates**

Monday May 29th, 2023 5:00pm - 6:00pm Pacific Time Saturday June 3rd, 2023 9:00am - 12:00pm Pacific Time Saturday June 10th, 2023 9:00am - 12:00pm Pacific Time Saturday June 17th, 2023 9:00am - 12:00pm Pacific Time Addition practice session optional TBA

"THE SECRET OF GETTING AHEAD IS GETTING STARTED"

-Mark Twain







We are well known for our high-quality intense training producing instructors that are ready to instantly access the career of a yoga & fuse instructor. In fact, our trainers are highly sought after with the highest success rate in the business for job placement.

#### **HOW TO REGISTER**

To begin, once you've expressed interest -

- Visit our School Page.
- Scroll down to courses and choose the course you would like to register in
- click on the "Pre-registration" button
- Choose your payment option
- Create an account, and follow the prompts to complete pre-registration.
- Read "Terms of Use" and "Privacy Policy" and click the
   "I agree" box

#### The Virtual Training Consists of:

- Our Online Manual delivered in modules
- Live Zoom Classroom content discussion with your Lead Trainers
- Live Zoom Classroom Physical Practice as a group with your Lead Trainers
- Live Zoom Classroom Physical Practice in smaller groups in Breakout Rooms with your Lead Trainers
- Private FB group communication access
- Zoom recordings available in course player for review and reflection
- Physical dissection of ballet movements with your Lead Trainers
- Practice Teaching with fellow students and Lead Trainers
- Physical demonstration of transitions and safe transfers with your Lead Trainers



## PAYMENT OPTIONS AVAILABLE

THE COST OF THE COURSE IS \$1228.50 INCLUDING GST

EXCITING NEWS! WE ARE CURRENTLY OFFERING A PROMOTION OF 40% OFF!

#### YOU HAVE THE CHOICE OF:

- Full payment of \$737.10
- Two payments of \$368.55
- Three payments of \$245.70
- Four payments of \$184.28

#### PAYMENT PLANS AVAILABLE NO INTEREST

PAYMENTS NON REFUNDABLE

CERTIFICATE DELIVERED UPON:

COURSE COMPLETION
 TUITION PAYMENT COMPLETION

SEE US IN ACTION

**CLICK** 

We look forward to training with you!