

OYF RETREAT SEDONA, AZ MAY 16-20, 2026

Connect with Self.

Connect with Others.

Connect with Nature.



AGENDA

Meditation, Yoga, & Fitness Daily

5/16

Arrival, Welcome Circle & Dinner at the Creek

5/17

Exploration, Shopping, Hike, Sunset Dinner

5/18

Free Time, Breathwork Session, Firepit Affirmations

5/19

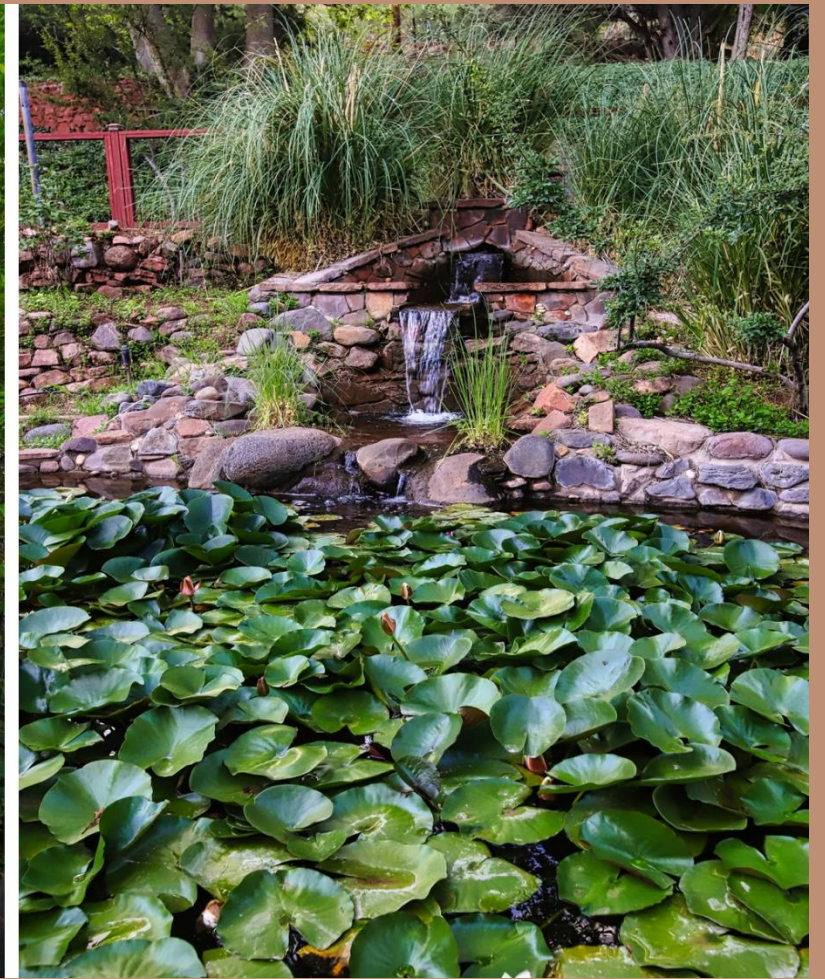
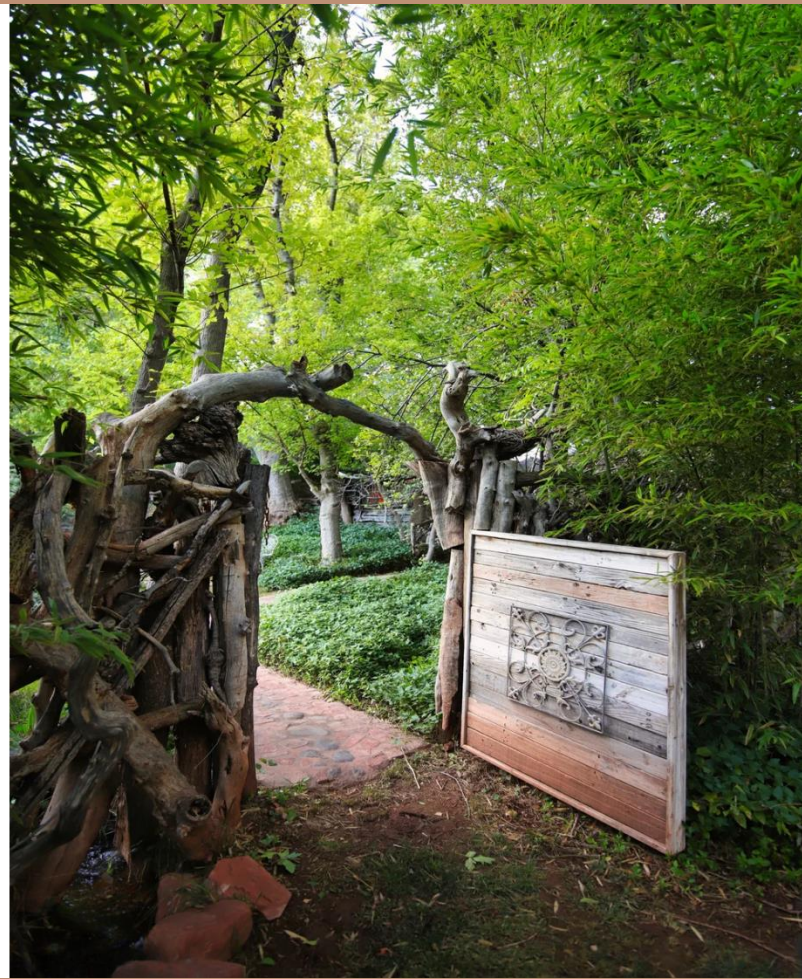
Morning Free Time, Lunch downtown, Psychic Medium Ceremony, Cacao & Laser Concert – Closing Circle

5/20

Farewell Breakfast, Transportation to Phoenix Airport



- There are places that are beautiful – and then there are places you simply don't want to leave.
- Creekside Cabins is that kind of place. A true oasis along the banks of Oak Creek, where time slows and the noise of daily life fades into the background. Here, the soundtrack is nature itself: burbling fountains, songbirds in the trees, and always – the steady, soothing rush of the creek.



THE PROPERTY UNFOLDS LIKE A HIDDEN GARDEN. MEANDERING PATHS LEAD THROUGH ROSE BEDS AND LILY PONDS, UNDER TOWERING OAKS AND OVER TINY BRIDGES. ACRES OF LAWN INVITE BAREFOOT WALKS, YOGA AT SUNRISE, OR SPONTANEOUS PICNICS BENEATH THE TREES. TUCKED INTO THIS LUSH LANDSCAPE IS A SERENE **SANDY BEACH**, WHERE THE CREEK SOFTENS TO A CALM, CLEAR STRETCH – PERFECT FOR A REJUVENATING SWIM OR COLD PLUNGE. I WELCOME YOU TO LIE BACK HERE AND LET YOUR EYES DANCE UP THE RED CANYON WALLS THAT CRADLE THIS TRANQUIL RETREAT.

SO MANY OF US LIVE WITH TOO MUCH NOISE, TOO MANY SCREENS, AND NOT ENOUGH QUIET. SEDONA VIEWS B+B LUXURY CREEKSIDE CABINS OFFERS SOMETHING DIFFERENT – A PLACE TO CONNECT WITH YOURSELF, YOUR LOVED ONES, AND THE NATURAL WORLD AROUND YOU.

PHILOSOPHY ROOTED IN CONNECTION

THIS IS MORE THAN JUST A PLACE TO STAY. IT'S A PLACE DESIGNED WITH INTENTION – NESTLED DEEP WITHIN OAK CREEK CANYON, WHERE THE SOUND OF RUSHING WATER IS CONSTANT, WHERE RED CANYON WALLS HOLD YOU STEADY, AND WHERE EVERY DETAIL OF THE PROPERTY INVITES YOU TO COME BACK TO WHAT MATTERS MOST.

Connection to Self is encouraged in the quiet moments here – as you sip coffee on your cabin porch, journal beneath ancient oaks, or take a solo walk along the creek's edge. The setting allows for deep introspection, for space to hear your own thoughts again, uninterrupted by the noise of the outside world.

Connection to Others happens naturally here. Whether you're sharing stories by the firepit, lounging in Adirondacks near the water, or simply being present with loved ones in a space that holds you all gently – the land makes room for reconnection, repair, and shared joy.

Connection to Nature is ever-present. With towering trees, hidden trails, rose gardens, burbling fountains, and even a calm sandy beach for a refreshing plunge – the landscape invites you to slow down, breathe deeply, and remember that you are part of something bigger. The design of the grounds honors the natural flow of the canyon, enhancing its beauty rather than competing with it.

This isn't just a getaway. It's an invitation – to return to yourself, to rekindle relationships, and to realign with the rhythms of the earth.





STAY CREEKSIDE: CABINS WITH CHARACTER

EIGHT LUXURY CABINS ARE CURRENTLY AVAILABLE, WITH A SPACIOUS THREE-BEDROOM CONDO
FEATURES INCLUDE:

CREEKSIDE ACCESS, MINI KITCHENS (MOST CABINS), LUXURY ORGANIC BEDS & BEDDING, WALK-IN SHOWERS, REFRIGERATORS &
MICROWAVES, CUSTOM DRAPERIES & NATURAL FINISHES, OUTDOOR GAS FIREPLACES OR OVERSIZED SOAKING TUBS (SELECT CABINS),
ORGANIC BREAKFAST PRESENTED DAILY TO YOUR DOOR.

GUESTS ALSO ENJOY FULL ACCESS TO **8+ ACRES** OF WALKABLE GARDENS, SHADED LAWNS, AND PRIVATE NOOKS DESIGNED FOR PRESENCE
AND PEACE.



4 NIGHTS, 5 DAYS MAY 16-20, 2026

- 8 Individual Luxury Creekside Cabins
- \$3750 single / \$3150 double
- 1: 3 Bedroom Apartment
- \$3750 single / \$3150 double
- All prices in USD

BUILDING THIS COMMUNITY HAS BEEN A DREAM COME TRUE FOR ME, AND I CAN'T WAIT TO CONTINUE TO EXPAND TOGETHER.

I INVITE YOU TO DEEPLY CONNECT YOURSELF WITH GRACE, STRENGTH AND WISDOM WHILE EXPERIENCING THIS JOURNEY.

I WELCOME YOU TO DIVE INTO EXPANSION OF SELF, EMPOWERMENT, AND REDISCOVERY.

TOGETHER WE WILL CREATE A SAFE AND SACRED SPACE FOR YOU TO REST, CONNECT, AND ALIGN TO YOUR OWN VIBRATION.

Lindy Ann Pearson

retreats@oxygenyogafitness.com

